

## The Extraordinary Journey of Horse Life Experience

*Can Gros & Más Moner,*

*Llagostera (Girona)*

*June 30, July 1 & 2, 2023*



The Horse Staff and Team is writing to bring your attention to an extraordinary tale that has captured the hearts of horse enthusiasts and nature lovers alike. The remarkable Horse Life Experience is a unique initiative that has been making waves in the equestrian community, offering individuals an unparalleled opportunity to immerse themselves in the world of horses and forget an unbreakable bond with these magnificent creatures.

**BINOMIS**



The Horse Life Experience, developed by a passionate team of equestrians and equine professionals, a joint venture born from [Associació Binomis](#) and [Fundacion Trifolium](#). They meet for three intense days in Llagostera (Girona) at Can Gros a countryside Masia at Gerona in the northeast of Spain.





#ProjectErasmus20201CZ01KA204078277

This event goes beyond traditional horseback riding lessons or tours. It is an immersive program designed to provide participants with an authentic glimpse into the life of a horse, offering a holistic understanding of their needs, behavior, and the profound connection that can be established between humans and horses.

Check out the program:

Equine ethology and ecology of the environment where they live	Equestrian activities for the horses. <b>Healthy physical and mental training</b>	<b>Natural therapies for equines: Physiotherapy</b> <ul style="list-style-type: none"> <li>• Acupuncture</li> <li>• Kinesiology</li> <li>• Homeopathy</li> <li>• Craniosacral therapy</li> </ul>
<b>Lucy Rees</b> <i>Ethology of wild horses</i> <i>Ecology, impact of wild horses in the environment</i> <b>Marc Sánchez</b> <i>Management of environments in regenerative agriculture key</i> <b>Rosa Galindo</b> , <i>Horses Creating Resilient and Biodiverse Landscapes</i>	<b>Mario Soriano &amp; Lucy Rees</b> <i>Healthy biomechanics movements</i> <b>Paola Monagas &amp; Lucy Rees</b> <i>Movement evaluation</i> <b>Sofia Hagelberg</b> <i>Horses in flow, How Postures and Movement Patterns Affect Well-being and Functioning</i> <b>Laura Gimenez</b> <i>Equestrian for horses and not the horse for the equestrian</i> <b>Proyecto caballo</b> <i>Practical part with the equines from the project Trinomis</i>	<b>Gema Knowles</b> <i>The use of the acupuncture and medicinal plants</i> <b>Vanesa Alba Pérez</b> <i>How to Enhance the Horse's Relationship with its Environment through Bioenergetic Kinesiology</i> <b>Marga Navarro</b> <i>The Role of Homeopathy in the Comprehensive Treatment of Horses</i> <b>Silvia Martí Kroff</b> <i>Craniosacral in horses</i>

Participants embark on a captivating journey that encompasses various aspects of horsemanship, from equine ethology, healthy development and natural therapies. Under the guidance of experienced trainers, individuals are taught the fundamentals of horse care, equine psychology, and communication. This comprehensive approach not only develops riding skills but also fosters empathy, respect, and a deep appreciation for these majestic animals.



What sets the Horse Life Experience apart is its commitment to sustainability and ethical practices. The initiative operates in harmony with nature, promoting the welfare and well-being of horses, humans while minimizing any negative impact on the environment. By emphasizing responsible horsemanship, participants are brought to a growing process of sustainable horse management, pasture rotation, and eco-friendly horsekeeping practices, ensuring the longevity and preservation of the equine world.

The testimonials from participants who have undergone the Horse Life Experience speak volumes about its transformative power. Many describe the program as life-changing, citing the profound emotional connections formed with the horses, newfound confidence, and a greater understanding of the natural world. The experience has not only kindled a passion for horses but has also instilled a sense of responsibility and stewardship towards these incredible creatures.

The Horse Life Experience has garnered attention and recognition within the equestrian community, attracting individuals from all walks of life who seek an unforgettable adventure with horses. Its success is a testament to the dedication and vision of its creators, who have created an immersive and educational platform that nurtures both horse enthusiasts and those new to the equine world.

In conclusion, the Horse Life Experience stands as a shining example of how humans and horses can coexist in harmony, fostering empathy, understanding, and a deep appreciation for these incredible animals. Its unique approach to horsemanship and sustainability sets it

apart from traditional equestrian offerings, making it an experience that leaves an indelible mark on the hearts and minds of its participants.

Should you require any further information or wish to arrange an interview with the creators of the Horse Life Experience, please do not hesitate to reach out. We believe that sharing this incredible journey with your audience would inspire and captivate readers, emphasizing the profound connection between humans and horses.

Thank you for considering this noteworthy story, and we look forward to the possibility of collaborating with you to bring the Horse Life Experience to a wider audience.

Yours sincerely,

Horse Staff & Horse Team

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The Horse Life Experience	
<b>Coordination</b>	<i>Gema Knowles &amp; Laura Gimenez</i>
<b>Horse Staff</b>	<i>Jordi Llanos, Nina.....</i>
<b>Horse Team</b>	<i>Lina Cavalier, Rocio Ordoñez, Violeta Fernandez, Andreu Sapena, Hector Calderon, Paola Monagas.....Carlos Ganzabal</i>
<b>Equines</b>	<i>Trinomios project crew: Panet, Puc.....Bimba Más moner crew: Atila.....</i>